



Ageing and the Study on the Lifestyle
of the Elderly in Singapore

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Greying World

As a global trend of low birth and death rates continues, the result is a rising number and proportion of older persons.

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PROPORTION OF OLDER PERSONS



Now

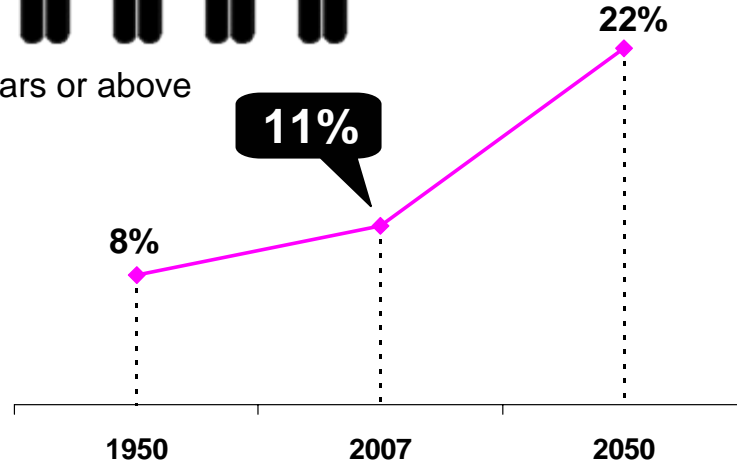
One out of every 10 persons is aged 60 years or above



2050

Two in 10 persons will be aged 60 years or above

Proportion of
world
population 60
years or above



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MEDIAN AGE

Median Age of world's population **28**

Countries with the oldest and youngest populations

Percentage of population aged 60 years and above

Rank	Country	Median Age
1	Japan	42.9
2	Italy	42.3
3	Germany	42.1
4	Finland	40.9
5	Switzerland	40.8
33	Singapore	37.5
188	Burkina Faso	16.2
189	Guinea-Bissau	16.2
190	Mali	15.8
191	Niger	15.5
192	Uganda	14.8

Rank	Country	60 or above
1	Japan	27.9
2	Italy	26.4
3	Germany	25.3
4	Sweden	24.1
5	Greece	23.4
6	Austria	23.3
7	Bulgaria	22.9
8	Belgium	22.9
9	Latvia	22.8
10	Portugal	22.8
59	Singapore	13.5

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LIVING LONGER

Current global life expectancy **66**

Over the last half of the 20th century, 20 years were added to the average lifespan

Life expectancy at age 65
(Singapore resident population)



17.3 years

Total no. of years: **82.3**



20.6 years

Total no. of years: **85.6**

>60
DESIGN
CENTRE

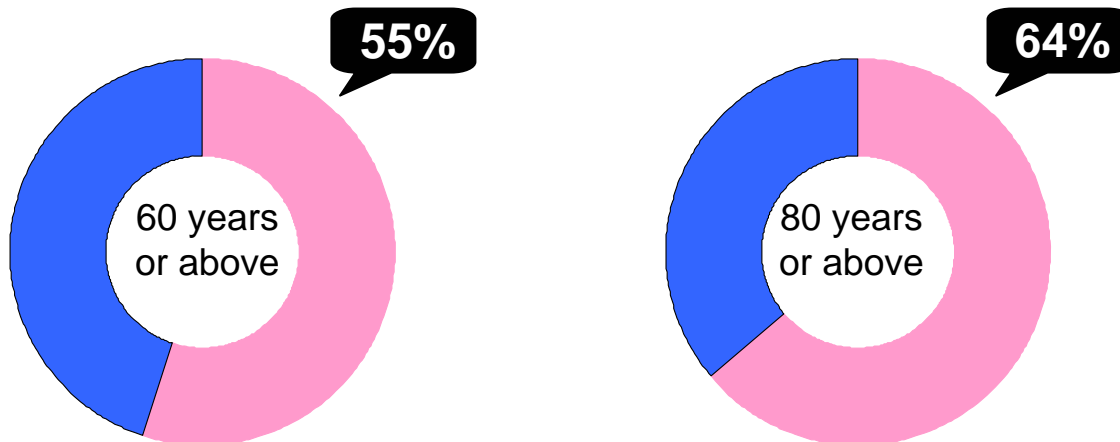
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MORE OLD WOMEN

Because of higher life expectancy, women constitute the majority of older persons.

Women now outnumber men by about **70 million** among those aged 60 years or above.

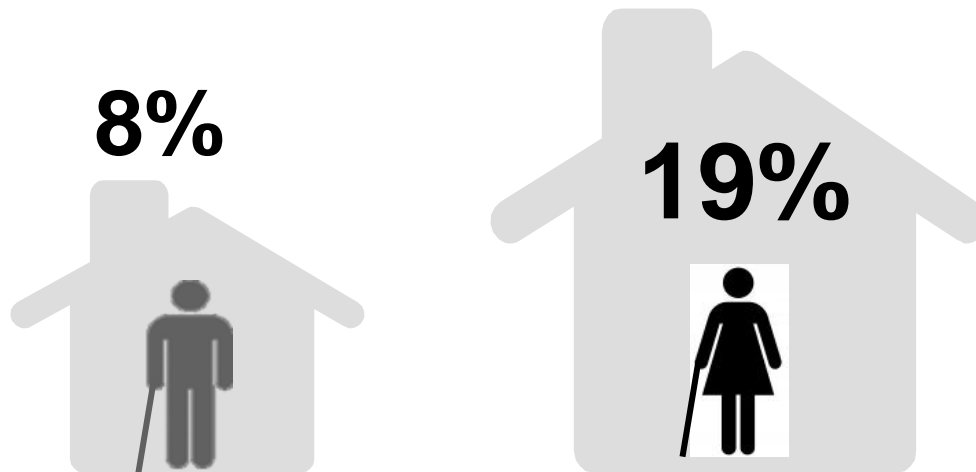
Percentage of women among older persons



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LIVING ALONE

As women generally live longer and tend not to remarry, older women are more likely to live alone than older men. Globally, about 19% of women aged 60 years or above live alone, but only 8% of men in that age group do so.



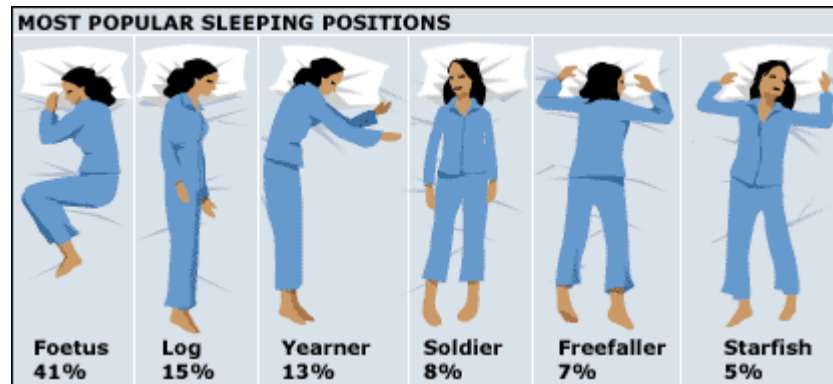
Lifestyle of the Elderly

INTERACTION WITH THEIR HABITAT

Elderly are staying at home for more than 12 hours a day.

Spend their time doing house work, surf internet, read, exercise, watch tv programmes, listen to radio programmes, chit-chat, nap and pray.

Elderly would only sleep 7-9 hours per day.



Lifestyle of the Elderly

IMPORTANCE OF ELECTRICAL POWER

Elderly feel that it is of extreme importance to access electrical power in their daily life at home. E.g. Soya bean milk maker, foot massager, karaoke systems.



SL-C11-B
LCD display 液晶显示屏

Lifestyle of the Elderly

THINGS THE ELDERLY CARRY

Elderly do carry similar things as the young like handphone, sunglasses, etc. But some of them still prefer to use handkerchief and address book. Some with walking difficulty, a walking stick.



Lifestyle of the Elderly

HOBBIES

Hobbies vary from exercises like swimming, jogging, soccer, and badminton to going for tours around the world, shopping, doing volunteer work, cooking, guitar, singing, drawing and reading.



THE END

Thank you for your attention.