

Linking Services with the Built-Environment

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International Trends

- **Global aging**
- **Workforce shortages**
- **Trend toward deinstitutionalization in many developed countries (UK, Italy, Netherlands, Sweden, Japan, U.S.)**

International Trends cont.

- **Institutional settings providing more intensive care**
- **Nursing homes and community-based residential care are merging, blurring boundaries**
- **Role of family care**

Living Arrangements

- Living w/child or grandchild most common among older persons in Latin America, Caribbean, Asia, Africa
- Living as a couple alone most typical in Europe, Canada, U.S.
- In many developing countries, “skipped-generation” households are common

Inventory of Strategies

- **Housing co-ops/shared housing**
- **NORC service programs**
- **Service coordination (levels of service enrichment)**
- **Integrated housing and health-related and supportive services**
- **Assisted living as a service package**
- **Campus networks**
- **State supportive housing partnerships**

Examples

Penn South Coop & Penn South Program for Seniors in NY, NY

- **Built in 1961, limited-equity cooperative housing**
- **District programs established to support aging residents**
- **Created Penn south Social Services, Inc.**
 - **Case management**
 - **Social day care for dementia**
 - **Health education**
 - **Home care coordination**
 - **Money management**

Peter Sanborn Place, Reading MA

- **Refinance of HUD Section 202 property to support resident services**
- **Created sister home care agency to provide case management, personal care, medication monitoring, IADL help**
- **Contract w/VNA for nursing care & rehab**

Presentation Senior Housing, San Francisco

- **Collaboration between Mercy Housing and North & South Market Adult Day Health**
- **Integrates affordable housing with onsite adult day health services**
- **Social support from service coordinator**
- **Links with other community services**

Service Enriched Housing: The Senior Living Enhancement Program (SLEP)

- **Goal: To improve health of seniors in 10-Keys to Healthy Aging areas**
- **Seniors lived in 12 high-rise buildings in Pittsburgh, PA**
- **Services**
 - **Nursing and health promotion (e.g., blood pressure checks, coordination w/primary care physician, health ed, vaccinations)**
 - **Social Service coordination – (e.g., assistance w/personal care, financial issues, transportation)**
 - **Recreational opportunities**

SLEP Results

- **Program influenced 4 areas**
 - **Being Active**
 - **Participating in cancer screening**
 - **Getting regular immunizations**
 - **Combating depression**

Eaton Senior Programs Lakewood, Co

- **Subsidized independent senior housing with adjoining assisted living**
- **Leverages resources across both residential properties**
- **Organization has both AL and HCBS license to provide range of services**
- **Resident access to personal care, homemaker, medication monitoring services**
- **Care consultation team in independent living**

Massachusetts Supportive Senior Housing Program

- **State funds for construction/rehab**
- **Residents pay 30% of income in rent**
- **Services on 24 hr – as needed basis**
 - **Service coordination**
 - **Personal care**
 - **Homemaker services**
 - **Medication reminding**
 - **Social activities**
 - **At least one meal/day**
- **MA Home Care Program enrollees receive services at no cost**
- **For others, sliding fee scale**
- **Similar programs in NY, NJ, CT, MD, VT**

Medical House Calls Program

- **Partnership between senior housing and medical house calls program**
- **Interdisciplinary med team (physician, NP, social worker, aide)**
- **Visits high risk residents at the property**
 - **Assessment, treatment plan**
 - **Ongoing medical care**
 - **Care management and oversight across transitions**
 - **Health education and family support**

UK Model: Lifetime Homes, Lifetime Neighborhoods

- From 2013 – new age friendly standards for all new homes
- From 2001 – all new social (publicly financed) housing will be built to “Lifetime Homes” standards
- Investment in “Lifetime neighborhoods”
 - National rapid repair & adaptations service
 - National Housing Advice & Information Service
 - Increased funding through Disabled Facilities Grants to support adaptations